PSYCHOLOGY (PSYC)

PSYC 103 - INTRODUCTORY PSYCHOLOGY
Introduction to the major conceptual schools, theoretical approaches, research methodologies, and applied domains of contemporary psychology with an equal emphasis on scientific traditions of experimental psychology and the varied domains of applied psychological practice, such as counseling, clinical, forensic, and behavioral health.
Credits: 3
Attributes: Social Science

PSYC 106 - FORENSIC SCIENCE
The application of scientific techniques to: crime scene assessment, documentation, and reconstruction; identification and assessment of criminal perpetrators; and evaluations of witnesses' accuracy and truthfulness.
Credits: 3
Attributes: Social Science

PSYC 108 - HUMAN SEXUALITY
Sexuality from youth to old age, including the development of gender identity, sexual orientation, and sex roles. Review of the physiology and psychology of sexual arousal, adult sexual behavior in its many manifestations, and a brief introduction to sexual dysfunction.
Credits: 3
Attributes: Social Science, Women Gender Studies

PSYC 200 - INTRODUCTORY STATISTICS
Quantitative methods for interpreting results of psychological research. Averages; variability concepts; correlation; reliability of basic statistical concepts, especially in relation to sampling problems. This course is a prerequisite to Psyc 270 and 307 and may not be taken concurrently with either.
Credits: 3
Attributes: Social Science
Course Notes: Basic knowledge of algebra required

PSYC 201 - ABNORMAL PSYCHOLOGY
Development, symptoms, and patterns of maladaptive behavior; introduction to disorders such as anxiety, depression, schizophrenia, and others.
Credits: 3
Attributes: Social Science
Prerequisites: PSYC 103

PSYC 203 - STRESS, COPING, & MINDFULNESS
Self-help course with student participation and homework. Causes and costs of stress. Review of relaxation, meditation, and active coping techniques from the perspective of mindfulness meditation. Relaxation/meditation exercises include: progressive muscle relaxation, autogenic training, breathing exercises, yoga stretching, imagery, mindfulness meditation, and making personal relaxation tapes. Active coping includes: problem solving, stressful negative thinking, time management and procrastination, making and building relationships, assertiveness, and managing anger and aggression. Creating your own relaxation and mindfulness program. Not a substitute for psychotherapy or counseling; not a training course for health professionals.
Credits: 3
Attributes: Social Science
Course Notes: Credit only for "Coping with Stress, or "Stress, Coping Mindfulness." Credit only, for PSYC 203 or PSYC 204.

PSYC 205 - DRUGS AND HUMAN BEHAVIOR
Contemporary drug use in our society from behavioral, biological, and social perspectives; review of prevention and treatment approaches.
Credits: 3
Attributes: Social Science
Prerequisites: PSYC 103

PSYC 211 - PSYCHOLOGY STUDY OF RACISM
The purpose of this course is to familiarize the student with the field of psychology's study of racism and prejudice; and engage the student an experiential investigation of racism and prejudice via group discussions, viewing of films on the topics, and additional readings as assigned.
Credits: 3
Attributes: Non-western Culture, Social Science
Prerequisites: ENG 101

PSYC 215 - LEARNING & DEVELOPMENTAL DISABILITIES
Review of disorders such as autism, attention deficit/hyperactivity disorder, learning disabilities, and intellectual disabilities. Discussion of implications for home and school settings.
Credits: 3
Attributes: Social Science
Prerequisites: PSYC 103
Course Notes: Course will count for Child and Family elective.

PSYC 220 - SOCIAL PSYCHOLOGY
Processes of human interaction. Social influences of family, membership groups, mass media, socioeconomic class. Selected forms of social reaction patterns; attitudes, language, crowd behavior, and common prejudices.
Credits: 3
Attributes: Social Science
Prerequisites: PSYC 103

PSYC 243 - THEORIES OF PERSONALITY
Organized nature of personality from psychodynamic, humanistic/existential, behavioral, and cognitive points of view; biological and cultural determinants of personality; overview of personality research.
Credits: 3
Attributes: Social Science
Prerequisites: PSYC 103

PSYC 246 - HUMAN DEVELOPMENT
This course will explore human development from conception to death. In a chronological fashion, each phase of the human lifespan will be examined in terms of physical, cognitive, social, and emotional development. The periods of infancy, childhood, adolescence, adulthood and death are studied.
Credits: 3

PSYC 254 - CHILDHOOD AND ADOLESCENCE
Psychological development of the child, prenatal to young adulthood. Theory and research of emotional, social, and mental growth. Self-concept from early childhood origins to late adolescence identity formation.
Credits: 3
Attributes: Social Science
Prerequisites: PSYC 103
Course Notes: Course will count, as elective for concentration in Child and Family Studies.
PSYC 262 - SPORTS PSYCHOLOGY
Sport psychology is an applied field aimed at using the fundamental principles in psychology toward increasing performance in sport and exercise. Success in athletic activities is dependent upon many factors, including motivation, confidence, presence of role models, personality, social environment, and mastery of cognitive skills. Another focus is aimed at helping individuals meet their athletic potential and even applying the principle to enhancing life outside of sport and exercise.
Credits: 3

PSYC 270 - PSYCHOLOGICAL TESTS
Introduction to measurement theory and the statistical principles underlying the objective assessment of intelligence, personality traits, abilities, and attitudes; standardization, reliability, and validity; limitations and abuses of test scores in evaluation; review of commonly used psychological tests.
Credits: 3
Attributes: Social Science
Prerequisites: PSYC 103

PSYC 282 - CAREERS IN PSYCHOLOGY
This class will give students the opportunity to explore different careers related to the study of psychology. They learn about jobs available with a bachelor's degree as well as jobs available with a graduate degree. They will complete reflective assignments and activities that will prepare them for the job search process.
Credits: 1
Prerequisites: 9 Credit Hours of Psychology
Course Notes: Students must complete 9 semester hours in PSYC before taking this class.

PSYC 285 - RESEARCH METHODS
Introduction to the scientific methods used in psychological research, including measurement, descriptive studies and the case study method, correlational and experimental methods; technical report writing; development of critical thinking skills in appreciating published research.
Credits: 3
Attributes: Social Science
Prerequisites: PSYC 103

PSYC 285R - GROUP DYNAMICS
This course provides an overview of the theories, research, and self-understanding of group processes and intergroup relations, with an emphasis on the communication behavior of individuals within group structures. A broad range of topics will be explored including the stages of group development, decision-making techniques, group problems, resolution skills, conformity, ethics, and various approaches to intergroup biases and prejudice. This course will provide an in-depth look at group work with an emphasis on practical knowledge and techniques for effective group involvement and leadership. (Prerequisite: PSY 205 or Sophomore standing)
Credits: 3
Prerequisites: PSY 205

PSYC 300R - PROF SEMINAR
This course prepares students for effective practice by providing a framework for integration of critical thinking skills into the professional practice standards. An emphasis will be placed on the development of writing and communication skills that will contribute to the successful preparation of career options for psychology majors, preparation for various post-Bachelor's career options and preparation techniques for graduate-level (Master's and higher) education. It will provide students with a broad and comprehensive understanding of important issues in contemporary psychology careers.
Credits: 3
Prerequisites: PSY 120

PSYC 315R - CULTURE COMMUN
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Credits: 3
Prerequisites: PSY 120

PSYC 319R - INDEPEND STUDY
Independent Study allows a student to explore a topic or area of interest. The student will propose a topic for tutorial study under the guidance of a supervising faculty member.
Credits: 3
PSYC 325 - SENSATION AND PERCEPTION
This course covers visual, auditory, tactile, gustatory and olfactory sensation and perception. Students will learn about research and theory in the areas of object perception, motion perception, color perception, depth perception, pitch perception, sound localization. Prerequisite: three psychology courses required.
Credits: 3
Attributes: Social Science
Prerequisites: 9 Credit Hours of Psychology

PSYC 326 - COGNITIVE PROCESSES
Theory and research on cognitive processes and their interrelationships with other psychological functions, especially learning.
Credits: 3
Attributes: Social Science
Prerequisites: 9 Credit Hours of Psychology

Course Notes: 3 courses in psychology.

PSYC 333 - THE PSYCHOLOGY OF VIOLENCE
Violence among humans takes many forms, and has many causes. This course takes a primarily psychosocial perspective of the precursors and motives of multiple forms of human violence, as well as their impact on survivors. Students will learn about explanations for violence based on multiple psychological subfields, such as biological, personality, developmental, and social psychology. Theories will be clearly applied to multiple categories of violent acts.
Credits: 3
Attributes: Social Science
Prerequisites: 9 Credit Hours of Psychology

Course Notes: Course includes details of many disturbing, crimes and violent incidents. You will read about and, openly discuss cases involving infanticide, sexual assaults, murder, racially motivated hate crimes, and genocide, among others. If this notion causes you abnormal discomfort, please consider taking an alternative course.

PSYC 336 - BRAIN AND BEHAVIOR
Complex behaviors are possible because of the brain. Our goal is to understand this complex organ and how it functions to allow for human behavior. Fundamental neural systems (such as sleep and motivation), higher cortical functioning (such as language and attention), and brain plasticity will be covered.
Credits: 3
Attributes: Social Science
Prerequisites: 9 Credit Hours of Psychology

Course Notes: 3 courses in psychology required; credit only for Brain and, Behavior or Biopsychology II.

PSYC 339 - ADULT DEVELOPMENT
Development from post-adolescence through middle age. Biological, psychological, and cultural aspects; new life styles of young adults; changing work world; options for women and men at middle age.
Credits: 3
Attributes: Social Science
Prerequisites: 9 Credit Hours of Psychology

Course Notes: 3 courses in psychology.

PSYC 341 - OLDER ADULTHOOD AND AGING
Credits: 3
Attributes: Social Science
Prerequisites: 9 Credit Hours of Psychology

Course Notes: 3 Psychology courses required.
PSYC 350 - HUMAN NEUROPSYCHOLOGY
Intriguing and puzzling phenomena that follow disorders of the brain challenge us to understand how the brain is organized to allow for complex cognitive abilities specific to humans. This course will introduce several neurological disorders and use them to understand cognitive systems such as attention, language, and memory.
Credits: 3
Attributes: Social Science
Prerequisites: 9 Credit Hours of Psychology

PSYC 350R - PSYCH SOC JUSTICE
This course will explore the influence of social issues and the risk as it relates to human behavior. Topics include: (a) diversity issues-race, ethnicity, socioeconomic status, gender, sexual orientation; (b) human rights issues-bullying, global politics and social media; and (c) justice issues-decision-making, regulation and public policy, and criminal justice with a focus on juvenile delinquents and the incarcerated mentally ill.
Credits: 3
Attributes: Social Science
Prerequisites: 9 Credit Hours of Psychology

PSYC 350RM - SYSTEMS OF PSYCH
This capstone course seeks to integrate and broadly conceptualize material presented previously in other psychology courses. It is designed to provide students an opportunity to reflect upon the field as a whole, specifically to understand the history of the profession and evolution of ideas over time. The course will review areas that currently define the study of psychology, explore older ideas that are no longer current, those ideas that are still relevant, and areas that are likely to be important in the future. Specific topics include the early influence of philosophy and physiology in the development of psychology, major early systems, major historical figures, and the evolution of the scientific method.
(Prerequisites: HUM 130 and PSY 340)
Credits: 3
Prerequisites: PSY 340 and HUM 130

PSYC 351 - LAW AND PSYCHOLOGY
The role of psychology in the U.S. criminal justice system and process. Focuses on the human elements of the justice system: including in the evolution of legal standards; how law writers, enforcers, and interpreters make decisions given personal differences and societal pressures; and how such things affect how citizens perceive the criminal justice system and, in turn, behave. Addresses empirically based criminal justice reform proposals in light of legal and societal challenges.
Credits: 3
Attributes: Social Science
Prerequisites: 9 Credit Hours of Psychology
Course Notes: three psychology courses required.

PSYC 355 - INCLUSIVE ENV
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Credits: 3

PSYC 360 - EYEWITNESS MEMORY & TESTIMONY
Eyewitnesses play a crucial role in our legal system. The purpose of the course is to introduce you to a broad range of topics that are investigated by eyewitness memory experts and to help you gain a basic familiarity with some of the fundamental concepts, principles, theories, and legal applications of eyewitness testimony. Students will learn about the major theoretical perspectives of human memory; research methods used to evaluate the reliability of eyewitnesses; how certain factors affect the reliability of an eyewitness' identification; and to think critically about preventing mistaken identifications. (Prerequisite: three psychology courses required.)
Credits: 3
Attributes: Social Science
Prerequisites: 9 Credit Hours of Psychology
Course Notes: Three psychology courses required., Credit given for either the new class, "Eyewitness Memory Testimony" OR, course under previous name, "Eyewitness Testimony.

PSYC 360R - DEATH AND DYING
This course will provide students with an understanding of the death and dying process. Topics include: cultural and historical differences in concepts of death, dying, grief and bereavement; individual differences related to preparation, adjustment, and coping; hospice and palliative care; euthanasia, legal and ethical issues; healthcare and mental health interventions; funeral rituals; suicide; and war. (Prerequisite: PSY 225)
Credits: 3
Prerequisites: PSY 120

PSYC 366 - POVERTY & THE INDIVIDUAL
This class will examine issues facing those living in poverty. We will look at poverty from both a micro and macro perspective, both locally and globally. We will investigate how institutions such as education, health, and the law operate with respect to those living in poverty. Furthermore, we will scrutinize the impact of poverty on mental health, physical health, and housing. (Prerequisite: three courses in psychology required).
Credits: 3
Attributes: Social Science
Prerequisites: 9 Credit Hours of Psychology
Course Notes: 9 SH in PSYC

PSYC 368 - CHILD ABUSE/FAMILY VIOLENCE
An introduction to the causes and effects of abuse on children, adolescents, and families. Students will learn: the scope of child abuse, its causes, and strategies that prevent and reduce its occurrence using a variety of approaches; how to apply critical thinking skills to evaluate information about child abuse; personal emotional responses to abuse; and to develop civic participation skills around course topics.
Credits: 3
Attributes: Social Science
Prerequisites: 9 Credit Hours of Psychology
Course Notes: Three psychology courses required., Course elective for Concentrations in Child/Family Studies, or Concentration in Forensic Psychology. Requires 20 hours of community service learning, outside the classroom.

PSYC 369 - EATING DISORDERS
Introduction to the history, theory, assessment, and treatment of eating and feeding disorders. Historical and socio-cultural perspectives will be emphasized.
Credits: 3
Attributes: Social Science
Prerequisites: 9 Credit Hours of Psychology
Course Notes: Three psychology courses required.
PSYC 375 - COUNSELING AND CLINICAL INTERVENTIONS
This class addresses basic clinical skills used by professionals in the helping professions. We will review relevant theory, research, and best practices that will help you learn how to (a) empathically listen to clients’ concerns, (b) assess client’s challenges, and (c) describe and implement a range of basic interventions to ameliorate clients’ presenting problems. Specific clinical skills will be discussed, applied, and practiced throughout the semester at an appropriate level for undergraduates.
Credits: 3
Attributes: Social Science
Prerequisites: 9 Credit Hours of Psychology
Course Notes: 3 courses in psychology required.

PSYC 380R - COUNSELING
This course will provide an overview of the major theories of counseling, the psychotherapy process and the skills required of a helping professional. Several major theories of counseling are examined with an emphasis on the key concepts of each theory, the central beliefs about therapeutic processes, and specific theoretical applications for change. Special attention will be devoted to reviewing the knowledge, attitudes, skills and cultural competence essential to fully understanding clients’ problems, and effectively intervening with an emphasis on experiential learning and interviewing strategies. (Prerequisite: PSY 340)
Credits: 3
Prerequisites: PSY 340

PSYC 381 - CHILDREN AND FAMILIES
Review of theory and research regarding normal and abnormal child development, parenting, and couples/family functioning. This course features a skill building approach to learn effective family relationship techniques as well as the opportunity to apply these through community service.
Credits: 3
Attributes: Social Science
Prerequisites: 9 Credit Hours of Psychology
Course Notes: Requires 20 hours of community service with children.
Course will count as elective for concentration in Child, Family Studies.

PSYC 383 - SEMINAR: CONTROVERSIAL ISSUES
Mental disorders as major social problems; concept of mental illness in popular understanding, psychiatry, and social sciences; cultural, social, psychological, and sociological theories of development of mental disorders; empirical studies of cultural variation and social variables in mental disorders; social aspects of patient career; social prevention of mental disorders.
Credits: 3
Attributes: Social Science
Prerequisites: 9 Credit Hours of Psychology

PSYC 384 - SPECIAL TOPICS
Advanced topical seminar in psychology. Past course topics have addressed the relationship between psychology and creative fields such as opera, movies, and literature. Psychological principles and theories will be applied to such areas of popular culture for greater understanding and awareness. Please click the red CRN for a more detailed description of this course.
Credits: 3
Attributes: Social Science
Prerequisites: 9 Credit Hours of Psychology

PSYC 387 - SEMINAR
Advanced topical seminar in psychology. Past course topics have addressed the relationship between psychology and creative fields or have addressed psychological perspectives on social problems. Psychological principles and theories will be applied to such areas for greater understanding and awareness. Please click the red CRN for a more detailed description of this course.
Credits: 3
Attributes: Social Science
Prerequisites: 9 Credit Hours of Psychology
Course Notes: 3 courses in psychology.

PSYC 391 - ADVANCED FORENSIC PSYCHOLOGY
Advanced topical seminar in forensic psychology. This class may address issues such as the role of clinical psychologists in assessing and treating criminal and corrections populations and working with police and investigative agencies. Use of behavioral science information in both civil and criminal court proceedings. The psychological and psychiatric aspects of criminal behavior and violence; emphasis on antisocial syndromes and more recent neuropsychological research concerning violence.
Credits: 3
Attributes: Social Science
Course Notes: 3 Psychology courses required.

PSYC 392 - CHILDREN, PSYCHOLOGY, & LAW
Role of clinical and developmental psychologists and of behavioral science research at all levels of the juvenile court system. Abuse and neglect proceedings; family law courts; delinquency courts. Topics may include juvenile violence, substance abuse, therapeutic jurisprudence and restorative justice, effects of divorce, posttraumatic stress syndromes, child witness and child testimony research.
Credits: 3
Attributes: Social Science
Course Notes: 3 courses in psychology.

PSYC 393 - INTERNSHIP IN PSYCHOLOGY
Students participate in a community internship for a total of 150 hours during the semester. Volunteer service must occur in an organized setting (e.g., social service agency, after school program). Students complete written assignments to connect site experiences with topics in psychology. Sites must be approved by the course instructor and course enrollment must be completed in advance of semester.
Credits: 3
Prerequisites: 12 Credit Hours of Psychology

PSYC 395 - INDEPENDENT STUDY
Advanced topics in psychology; applied or career-based topics; research under faculty supervision; or paraprofessional practicum. Recent topics have included applied psychology in nursing homes, behavior modification techniques of animal training, and psychology of Arab-Americans.
Credits: 1-4
Prerequisites: 9 Credit Hours of Psychology
PSYC 398 - FIELD PLACEMENT WITH CHILDREN
An independent study class. Students participate in a community service placement for a total of 72 hours during the semester. Volunteer service must occur in an organized setting, such as a day care center, after school or YWCA/YMCA program, elementary school classroom, or pediatric health care setting. Sites must be approved by the course instructor.
Credits: 3
Attributes: Social Science
Prerequisites: 9 Credit Hours of Psychology
Course Notes: Enrollment in the Child Family Studies concentration, required., Instructor consent required, email smeyers@roosevelt.edu., Course requires 72 hours of community service.

PSYC 399 - DIRECTED RESEARCH
Active involvement in the research program of a psychology department member. Variable credit (1-3 semester hours) per semester. Repeated registrations allowed up to a total of 6 semester hours, but a maximum of 3 semester hours can be applied to the psychology major. Graded A to F.
Credits: 1-3
Prerequisites: 9 Credit Hours of Psychology
Course Notes: Prerequisites: three psychology courses,, application and instructor approval required,, Course can be repeated for 6 semester hours maximum with 3, semester hours maximum applied to psychology major.

PSYC 399R - RESEARCH THESIS
By working on their theses, students will be able to hone their own ways of organizing and presenting research. The thesis will involve original, empirical research, although theoretical papers will also be permitted with faculty approval. Students are responsible for a review of the literature in their topic area, the obtainment of data, conclusions as a result of gathered information, and any future implications that may arise as a result of their research. A formal research paper and presentation to a faculty panel is required. Students must obtain the consent of a faculty member to serve as their thesis advisor prior to the start of the semester and provide the faculty advisor with a detailed contract of the proposed parameters of their research. (Prerequisites: PSY 295 and PSY 480)
Credits: 3
Prerequisites: PSY 295 and PSY 480