

OCCUPATIONAL THERAPY (OTP)

OTP 401 - OT FOUNDATIONS & THEORIES

Introduces the philosophical roots, historical evolution, and contemporary scope of OT, emphasizing the OTPF-4 and models of practice (MOHO, PEO, CMOP-E, Kawa). Students learn how theories inform the OT process—occupational profile, hypothesis generation, assessment selection, and occupation-based intervention planning—across cultures and contexts. Coursework integrates ethics, cultural humility, social determinants of health, and professional writing/case presentations.

Credits: 3

OTP 402 - PROFESSIONAL COMMUNICATION

Builds precision in medical language and interprofessional communication while centering health literacy and plain-language education. Students practice concise documentation (SOAP, narrative, discharge), case presentations, communication across care transitions, and use of teach-back. Emphasizes ethics, professionalism, and culturally responsive messaging for collaboration with clients, caregivers, and teams.

Credits: 2

OTP 403 - HUMAN MOVEMENT FOR OT PRACTICE

Applies kinesiology, biomechanics, and motor learning to analyze and enable movement within occupations (ADLs, IADLs, work, leisure). Through hands-on practice integrated with Immersive I, students develop body mechanics, transfers, functional mobility, handling/positioning, and task-specific training across acute, rehab, outpatient, and home settings. Emphasis on safety, clinical reasoning, goal writing, progression, and outcome documentation tied to participation.

Credits: 3

OTP 404 - ACTIVITY ANALYSIS

Develops advanced competence in task analysis, grading/adaptation, and environmental modification to optimize performance in home, school, work, and community. Students design activity plans reflecting client values, cultural preferences, and sensory/cognitive processing, with experiential components linked to Immersive I. Includes low cost adaptations and assistive strategies, risk analysis, and documentation linking activity choices to goals and safety.

Credits: 3

OTP 405 - INTEGRATED IMMERSIVE I

Immersive experience connected to OT Foundations & Theories, Kinesiology, and Activity Analysis. Students apply biomechanical handling, transfers, and safety skills from Kinesiology; complete occupational profiles and activity analyses; and integrate theoretical models into SOAP documentation. Emphasizes professional behaviors, interprofessional communication, and reflective linkage between classroom learning and clinical reasoning.

Credits: 1

OTP 410 - LEVEL IA ADULT REHAB FIELDWORK

Supervised, introductory exposure to adult physical rehabilitation across acute care, inpatient rehab, outpatient, and community settings. Students practice professional behaviors, safety (precautions, transfers, body mechanics), basic interviewing to build an occupational profile, observe standardized and non-standardized assessments, and document a brief SOAP/process note. Emphasis on therapeutic use of self, interprofessional communication, and linking observed performance to participation-focused goals. Students reflect on ethics, cultural humility, and social determinants of health, and identify one evidence-informed idea to discuss with their CI.

Credits: 1

OTP 411 - PSYCHOSOCIAL & WELLNESS

Explores psychosocial development and mental health conditions with emphasis on therapeutic use of self, group dynamics, and occupation-based interventions. Students select/administer psychosocial assessments, facilitate groups, write process notes, and coordinate supports with families and community resources. Addresses recovery models, trauma-informed care, stigma reduction, and interprofessional collaboration.

Credits: 4

OTP 412 - APPLIED NEUROSCIENCE

Covers neuroanatomy, neurophysiology, motor control, and neuroplasticity as they relate to occupational performance. Labs emphasize safe handling, positioning, tone management basics, visual-perceptual screening, balance/coordination, and task-oriented practice. Students connect neural mechanisms to assessment findings, goal writing, and intervention planning across settings.

Credits: 3

OTP 413 - OT ASSESSMENTS & MEASUREMENT

Builds competence in test selection, administration, scoring, interpretation, and documentation across the continuum of care. Students use pediatric and adult tools, examine psychometrics, and justify measurement choices aligned to goals and context. Emphasizes using outcomes to inform clinical decisions, progress reporting, discharge planning, and communication with stakeholders.

Credits: 3

OTP 414 - HOLISTIC ENGAGEMENT & WELLNESS

Addresses health promotion, prevention, occupational balance, and social determinants of health across the lifespan, populations, and settings. Students design a brief wellness initiative with measurable objectives and evaluation methods. Includes an advocacy component considering policy, access, culture, and interagency collaboration to sustain participation and inclusion.

Credits: 2

OTP 415 - INTEGRATED IMMERSIVE II

Linked to Psychosocial & Wellness, Applied Neuroscience, and OT Assessments & Measurement. Students practice psychosocial assessment and group process, link neurological mechanisms to function, and document process notes using outcome tools. Emphasizes therapeutic use of self, stigma-aware communication, and interprofessional collaboration.

Credits: 1

OTP 416 - OT SYNTHESIS

Multi-station objective structured clinical exam (OSCE) integrating interview, standardized assessment, documentation/billing, interprofessional huddle, ethics, and telehealth scenarios. Students receive targeted feedback and remediation tied to fieldwork readiness, with emphasis on evidence informed decision-making under time constraints and effective communication.

Credits: 2

OTP 420 - LEVEL IB PSYCHOSOCIAL FIELDWORK

Supervised experience in mental/behavioral health or community-based psychosocial practice. Students practice therapeutic use of self, observe or co-facilitate group process, may select/administer a brief psychosocial screening when permitted, and complete process notes emphasizing recovery models and participation outcomes. Students map community resources, practice team communication, and examine trauma-informed approaches with attention to occupational justice. Designated as the primary psychosocial placement.

Credits: 1

OTP 421 - EVIDENCE-BASED OT PRACTICE I

Introduces research methods including question formulation (PICO/PEO), literature review, critical appraisal, and basic statistics to support clinical decision-making. Students build an evidence table, appraise levels/quality of evidence, and translate findings into a protocol or practice guideline element. Ethics of research use and knowledge translation are emphasized.

Credits: 3

OTP 422 - POPULATION COMMUNITY HEALTH

Applies an occupational justice lens to global health, community assessment, and program development. Students analyze population needs, access, policy, and environmental barriers/facilitators; design participation-focused initiatives; and plan feasible evaluation metrics, partnerships, and sustainability strategies.

Credits: 3

OTP 423 - ASSISTIVE TECHNOLOGY

Selection, fitting, training, and documentation for assistive technologies and environmental modifications across home, school, work, and community. Students justify solutions using participation goals, usability, cost, safety, policy, and funding pathways, including telehealth-ready workflows.

Credits: 3

OTP 430 - FIELDWORK READINESS SEMINAR

Prepares students for Level II through learning contracts, policy/safety reviews, documentation refreshers, and teamwork practice. Students build a readiness portfolio, professional development plan, and licensure timeline. The course integrates NBCOT exam and state licensure preparation with résumé/CV polish, interview skills, and mentorship planning. Emphasis on professionalism, ethics, resilience, and effective student-supervisor communication.

Credits: 2

OTP 431 - OT PROCESS: PEDIATRICS

Occupation-centered evaluation and intervention for infants through adolescents across early intervention, school-based, hospital, and outpatient contexts. Students develop family-centered, coaching-oriented practice; administer and interpret pediatric assessments; write IEP/504-aligned, participation-focused goals; and plan/document play-based, sensory-informed interventions for children with various diagnoses affecting development and occupational performance. Content addresses motor, praxis, visual-perceptual, feeding/positioning, and self-regulation within natural environments. Emphasis on interprofessional collaboration with school teams (RTI/MTSS), culturally responsive communication, and outcomes tracking to guide progression and discharge planning.

Credits: 4

OTP 432 - OT PROCESS: ADULTS

Occupation-centered evaluation and intervention with adults across acute care, inpatient rehab, outpatient, home health, and community settings. Students integrate home safety and falls prevention; low-vision strategies; community mobility screening; caregiver training; and interprofessional collaboration with outcomes tracking. Applied labs develop competencies in orthosis fabrication and fitting, edema and scar management, and safe, state-permitted use of PAMs with documented parameters and response. Learners advance wheelchair skills and seating basics, functional mobility and transfer progression. Course work emphasizes OT-specific clinical reasoning, documentation and billing that link services to participation outcomes, and equity-minded practice across cultures and contexts.

Credits: 4

OTP 433 - OT MANAGEMENT & LEADERSHIP

Covers emerging practice areas, entrepreneurship, supervision, and OT/OTA role delineation, with emphasis on productivity, quality improvement, policy, reimbursement, compliance/audits, professional ethics, and advocacy. Students explore business models and funding strategies relevant to occupational therapy practice. Students produce a practical leadership, business, or policy artifact tailored to a real setting and practice stakeholder communication strategies to support innovation, sustainability, and professional growth.

Credits: 2

OTP 434 - EVIDENCE-BASED OT PRACTICE

Guided scholarly project advancing from proposal to implementation planning, analysis/interpretation, and dissemination (poster/manuscript). Students apply program evaluation methods, link outcomes to participation and quality measures, and articulate implications for practice and future inquiry.

Credits: 3

OTP 435 - INTEGRATED IMMERSIVE III

Connected to Assistive Technology, OT Process: Pediatrics and Adults. Students synthesize pediatric findings into IEP/504 or family-coaching documentation and complete adult orthosis fabrication and PAMs safety check-off (per Illinois policy) as preparation for Level II. Emphasizes collaboration with families and teams, participation-focused reasoning, and integration of orthotics/PAMs competencies.

Credits: 1

OTP 440 - LEVEL IC PEDIATRIC FIELDWORK

Supervised exposure to pediatric practice (EI, school-based, or outpatient). Students engage in family-centered observation/coaching, play-based participation analysis, safe positioning/handling, and documentation aligned to IEP/504 or family coaching plans. They practice caregiver communication, consider sensory and environmental supports, and connect assessment findings to participation targets in natural contexts. Reflection addresses culture, access, and advocacy for inclusion.

Credits: 1

OTP 450 - LEVEL IIA FIELDWORK

A 12-week fulltime clinical immersions designed to progress and confirm entry-level competence. Across distinct settings/populations, students assume increasing responsibility for evaluation and intervention, caseload and workload management, documentation/billing, interprofessional collaboration, and outcome-driven, person-centered care. Supervision begins directly and decreases as competence grows, with qualified OT fieldwork educators serving as professional role models. Together, IIA and IIB consolidate independent practice behaviors, ethical decision-making, advocacy, and transition-to-practice readiness.

Credits: 10

OTP 460 - LEVEL IIB FIELDWORK

A 12-week full-time clinical immersions designed to progress and confirm entry-level competence. Across distinct settings/populations, students assume increasing responsibility for evaluation and intervention, caseload and workload management, documentation/billing, interprofessional collaboration, and outcome-driven, person-centered care. Supervision begins directly and decreases as competence grows, with qualified OT fieldwork educators serving as professional role models. Together, IIA and IIB consolidate independent practice behaviors, ethical decision-making, advocacy, and transition-to-practice readiness.

Credits: 10