

# EDUC: COUNSELING&HUMAN SERVICES (CHS)

## CHS 401 - PROFESSIONAL ORIENTATION AND ETHICAL PRACTICE IN COUNSELING

This course explores the legal, ethical and professional choices faced by practicing counselors and human service professionals. A wide variety of issues and topics will be covered, including program orientation and overview of academic and clinical requirements, academic integrity, ethical decision-making models, professional standards, counselor values and attitudes, counselor competence and supervision, client rights and confidentiality, dual relationships and ethical issues in research and testing.

Credits: 3

## CHS 406 - STATISTICS & RESEARCH METHODS IN COUNSELING

Research methods, statistical analysis, needs assessment, and program evaluation. Methods of evaluating counseling process and program effectiveness; review of descriptive statistics; study of inferential statistics; legal and ethical considerations; and fundamentals of writing the research report.

Credits: 3

## CHS 411 - SOCIAL & CULTURAL FOUNDATIONS

Sociological studies on cultural context of relationships, issues, and trends in a multicultural and diverse society; factors such as culture, ethnicity, nationality, age, gender, sexual orientation, mental and physical characteristics, education, family values, religious and spiritual values, socioeconomic status, and unique characteristics of individuals, couple, families, ethnic groups, and communities. Studies also include interpersonal communication among staff, schools, and community.

Credits: 3

## CHS 413 - FOUNDATIONS OF COUNSELING THEORY AND PRACTICE

Philosophical foundations of counseling with concentrated study of counseling theories; historical and contemporary theories; diversity issues relevant to counseling theories and student's personal philosophical and theoretical beliefs.

Credits: 3

## CHS 414 - SCHOOL COUNSELING, ENVIRONMENT, & CONSULTATION

The elementary and secondary school counselor's role. History, trends, professional identity, and cultural, legal, and ethical influences. ACA and ASCA ethical standards. Coordinating program components; program development; individual and group guidance; peer facilitation; and consultation.

Credits: 3

## CHS 415 - CAREER DEVELOPMENT AND EDUCATIONAL PLANNING

This course will provide an introduction to career development and educational planning in K-12 settings and across the life span. Students will explore career theories and decision-making models, career assessments and technology, program planning, education tools, resources, strategies, post-secondary planning, and other life roles. The focus in this course will be on applying career counseling in a school context through clinical experiences and case studies.

Credits: 3

## CHS 416 - HUMAN APPRAISAL

Individual and group approaches to assessment and evaluation. Topics include historical perspectives on assessment; standardized norm-referenced, criterion.

Credits: 3

## CHS 417 - CAREER AND LIFE-STYLE PLANNING

Topics include career theories and decision-making models; assessment instruments and technology-based applications; processes, strategies, and resources available to the career counselor; program planning, organization, and administration; and interrelationships among work, family, and other life roles, including diversity and gender. Clinical observations and case studies consistent with student's career direction.

Credits: 3

## CHS 418 - ORGANIZATION, ADMINISTRATION, & LEADERSHIP OF EFFECTIVE SCHOOL COUNSELING PROGRAMS

The skills necessary to planning and implementing effective school counseling programs. Topics include needs assessment, program planning, and program evaluation.

Credits: 3

## CHS 419 - PSYCHOPATHOLOGY: DIAGNOSIS & TREATMENT PLANNING

Training in diagnosis and treatment methods for mental and emotional disorders. Skills in completing assessment interviews, establishing short- and long-range goals, and writing treatment plans.

Credits: 3

## CHS 420 - MARRIAGE AND FAMILY COUNSELING

Preparation for counselors, educators, and other human service personnel to provide assistance to couples and families seeking marriage and family counseling. Methods and techniques of marriage and family counseling in didactic and experiential formats. Various theoretical perspectives.

Credits: 3

## CHS 421 - THEORIES OF GROUP DYNAMICS AND COUNSELING

Theories of group counseling and principles of group dynamics. Historical developments, diversity issues, and contemporary research findings. Participation in an ongoing group required. Group guidance concepts as a significant component of the educational and prevention aspects of a counseling program.

Credits: 1-4

## CHS 422 - TOPICS IN SUBSTANCE ABUSE AND ADDICTIVE DISORDERS

Theoretical concepts and practical techniques unique to the field of substance abuse counseling. Emphasis on the major areas of substance abuse and treatment as it relates to psychoactive drugs. Non-psychoactive drugs frequently misused; legal, recreational or social drugs frequently misused.

Credits: 3

## CHS 425 - SEMINAR: TOPICS IN COUNSELING

Exploration of selected topics in contemporary counseling.

Credits: 3

## CHS 431 - CLINICAL MENTAL HEALTH COUNSEL

Combined didactic and seminar with focus on concepts, issues, and treatment protocols for mental health settings. Historical overview of the mental health movement; emphasis on social policies and their impact on the delivery of service to the mentally disabled. Psychopharmacology and best practice for mood, personality, and psychotic disorders. Focus on the mental health counselor's role in comprehensive community mental health.

Credits: 3

**CHS 457 - TOPICS/ISSUES IN HUMAN DEVELOPMENT**

The nature and needs of individuals at all developmental levels, including theories of individual and family development; theories of learning and personality development; human behavior including an understanding of developmental crises, disability, exceptional behavior, addictive behavior, psychopathology, and situational and environmental factors affecting behavior; and strategies for facilitating optimum development over the life span. Cultural, legal, and ethical considerations.

Credits: 3

**CHS 460 - PRE-PRACTICUM I: BASIC COUNSELING SKILLS AND TECHNIQUES**

This course focuses on the development of beginning counseling skills. Emphasis is placed upon the development of abilities to evaluate self, client and other counselors in the counseling relationship, and includes counseling process models, critical dimensions of helping, and experiences designed to assist students in the formulation of a personal philosophy system of counseling.

Credits: 3

Course Notes: Permission from the Program Director Required.

**CHS 462 - PRE-PRACTICUM II: ADVANCED COUSELING SKILLS AND TECHNIQUES**

This course focuses on the development of advanced counseling skills. In addition to in-class presentation and skill demonstration, students are involved in laboratory and supervision meetings designed to facilitate skill development. This course assists students in developing an understanding of counseling processes from initial client contact to termination.

Credits: 3

Prerequisites: CHS 460

**CHS 463 - COUNSELING PRACTICUM**

This course provides for supervised counseling experiences in which students serve as counselors at pre-arranged and approved clinical mental health counseling or school settings, appropriate to their program emphasis. Degree candidates must display ability to integrate theory and practice equivalent to that of a competent beginning counselor and show capacity for continued learning and growth on job.

Credits: 3

Prerequisites: CHS 462

**CHS 464 - CHILD & ADOLESCENT COUNSELING**

The literature of child and adolescent counseling, including disorders and delays that affect social, emotional, cognitive, and physical development. How childhood difficulties are defined, diagnosed, and treated. The influence of multiple and interacting events that shape adaptive and maladaptive childhood development. Intervention strategies relevant to childhood disorders and developmental needs.

Credits: 3

**CHS 464Y - CHILD & ADOL COUNS CONT**

Credits: 0

**CHS 468 - HUMAN SEXUALITY**

A lifespan developmental approach is applied to the study of human sexuality. Medical and psychosocial aspects of sexual function are addressed. Course topics include physical, psychological, and social development; gender, gender-identity, sexual orientation; sex therapy theories and techniques; sexual expression; sexual dysfunction; relationship issues; HIV/AIDS and other sexually transmitted infections; sexual deviance, rape, and incest; and family dysfunction.

Credits: 3

**CHS 470 - INTRO TO CC & SA**

This course will provide a holistic understanding of student affairs in higher education. Explores the history and development of college counseling and student affairs, organizational and leadership theories relevant in higher education settings, roles and relationships within and across the various dimensions and offices of student affairs, current trends and contextual factors in higher education, and approaches to assessment.

Credits: 3

**CHS 471 - CLG STDT DEV:THEORIES & TOP**

The nature and needs of the diverse adolescents and adults enrolled in higher education settings including theories of personal and career development; theories of learning and identity development; human behavior including an understanding of developmental crises, disability, exceptional behavior, addictive behavior, psychopathology, and situational and environmental factors affecting diverse individuals in higher education settings; and strategies for facilitating optimum development over the duration of enrollment and the life span.

Credits: 3

**CHS 472 - STDT SVCS:PRGMS PLCIES, PRACT**

This course provides a comprehensive overview of the programs, policies, and practices related to student services and the influences that they have on students. It addresses both practical and theoretical perspectives intended to build a sense of vision and passion to transform the profession of the student affairs and leadership using multiple data sources to create best practices and intervention techniques; address diversity issues relevant to advising and counseling; understand professional resources and standards and assessment considerations.

Credits: 3

**CHS 473 - ENRLMNT MGMT IN AGE OF DISRUPT**

The course provides an in-depth exploration of the components of student affairs other than college counseling and advising that are increasingly grouped under the heading of enrollment management; student recruitment, marketing, admission, financial aid, student activities and engagement, and retention. Explores these components in relation to current and future issues in higher education, such as globalism; financial pressures at the family, state, and federal levels; diversity and equity challenges; and disruption created by technology.

Credits: 3

**CHS 474 - HGHR ED LEGAL & FIN ISSUES**

The course covers major elements of legal and financial issues in higher education, as well as the impact of budget activities on planning and operations within an institution. Financial management, risk assessment, planning and budgeting, and fundraising will be considered to examine how colleges allocate resources and consider trade-offs necessary to balance the budget and plan for unforeseen contingencies.

Credits: 3

**CHS 495 - INDEPENDENT STUDY**

Individual study under guidance of College of Education faculty member. Proposal must state purpose of study, problem, methods of approach, and evaluation.

Credits: 1-6

**CHS 498 - INTERNSHIP: SCHOOL COUNSEL**

Continued supervised experience initiated in Practicum. Six hundred (600) hours of school counseling and school counseling related activities in a public school are required. Participation in weekly RU supervision sessions is also required. Case study approach, multicultural counseling, supervision, prevention, consultation, and special populations. See Practicum/Internship Handbook.

Credits: 3

Course Notes: Registration by permission of advisor.

**CHS 498Y - INTERNSHIP:SCHOOL CONTINUATION**

This course is a continuation of CHS 498 School Counseling Internship for students who have completed two semesters of CHS 498 but have not completed the required number of professional school counseling contact hours.

Credits: 0

Prerequisites: CHS 498

**CHS 499Y - INTERNSHIP COMPLETION**

Credits: 0

**CHS 575 - INTERNSHIP IN HIGHER ED**

Working under the direct supervision of a local leader in higher education, students develop the requisite knowledge, skills, and attitudes for coping with the challenges of work in student affairs, enrollment management, or other areas of higher education. Projects are completed that build and demonstrate competencies with respect to leadership in one or more of these administrative areas.

Credits: 3-6

**CHS 599 - INTERNSHIP:CLINICAL MENTAL HEALTH**

Continued supervised experience initiated in Practicum. Six hundred (600) hours of clinical mental health counseling and clinical mental health counseling related activities in a clinical setting are required. Participation in weekly RU supervision sessions is also required. Case study approach, multicultural counseling, supervision, prevention, consultation, and special populations. See Practicum/Internship Handbook.

Credits: 3

Course Notes: Registration by permission advisor.

**CHS 599Y - INTERNSHIP CONTINUATION**

Continuation of CHS 599. Supervised clinical internship requiring 600 hours; all aspects of mental health counseling. Attendance in University seminars required; best practice for working with mood, personality, and psychotic disorders; consultation models; and supervision practice.

Credits: 0